

## Health Care Options Only Orientation Schedules

Centre City Family Resource Center  
1255 Imperial Ave., San Diego CA 92101

Day	9:00am	11:00am			
<b>Monday</b>	English	Spanish			
<b>Tuesday</b>	English	Spanish			
<b>Wednesday</b>	English	Spanish			
<b>Thursday</b>	English	Spanish			
<b>Friday</b>	English	Spanish			

El Cajon Family Resource Center  
220 South First Street, El Cajon CA 92019

Day	9:00am	10:15am	2:00pm		
<b>Monday</b>	English	English	Spanish		
<b>Tuesday</b>	English	English	Spanish		
<b>Wednesday</b>	English	English	Spanish		
<b>Thursday</b>	English	English	Spanish		
<b>Friday</b>	English	English	Spanish		

Lemon Grove Family Resource Center  
7065 Broadway, Lemon Grove CA 91945

Day	7:30am	11:00am	1:00pm		
<b>Monday</b>	English	Spanish	English		
<b>Tuesday</b>	English	English	English		
<b>Wednesday</b>	English	Spanish	English		
<b>Thursday</b>	English	English	English		
<b>Friday</b>	English	English	English		

North Central Family Resource Center  
5055 Ruffin Road, San Diego CA 92123

Day	8:00am	11:00am	1:00pm		
<b>Monday</b>	English	English	Spanish		
<b>Tuesday</b>	English	English	Vietnamese		
<b>Wednesday</b>	English	English			
<b>Thursday</b>	English	English	Spanish		
<b>Friday</b>	English	English	Vietnamese		

**\*Note: that Orientation Schedule has changed effective May 1, 2013**

# Health Care Options Only Orientation Schedules

North Coastal Family Resource Center  
1315 Union Plaza Ct., Oceanside CA 92054

Day	9:00am	11:00am	2:00pm		
<b>Monday</b>	English	Spanish	English		
<b>Tuesday</b>	English	Spanish	English		
<b>Wednesday</b>	English	Spanish	English		
<b>Thursday</b>	English	Spanish	English		
<b>Friday</b>	English	Spanish	English		

Northeast Family Resource Center  
7290 El Cajon Blvd., San Diego CA 92115

Day	8:30am	9:30am	11:00am	1:30pm	
<b>Monday</b>	English	Spanish	English		
<b>Tuesday</b>	English		English	Spanish	
<b>Wednesday</b>	English	Spanish	English		
<b>Thursday</b>	English		English	Spanish	
<b>Friday</b>	English	Spanish	English		

North Inland Family Resource Center Valley Parkway  
620 East Valley Parkway, Escondido CA 92025

Day	10:15am	12:45pm	2:00pm		
<b>Monday</b>	English	Spanish	English		
<b>Tuesday</b>	English	Spanish	English		
<b>Wednesday</b>	English	Spanish	English		
<b>Thursday</b>	English	Spanish	English		
<b>Friday</b>	English	Spanish	English		

Southeast Family Resource Center  
4588 Market Street, San Diego CA 92101

Day	7:30am	9:00am	10:15am	12:15pm	1:30pm
<b>Monday</b>	English	Spanish	English	Spanish	English
<b>Tuesday</b>	English	Spanish	English	Spanish	English
<b>Wednesday</b>	English	Spanish	English	Spanish	English
<b>Thursday</b>	English	Spanish	English	Spanish	English
<b>Friday</b>	English	Spanish	English	Spanish	English

South Region Family Resource Center  
690 Oxford Street, Chula Vista, CA 91911

Day	7:30am	9:15am	11:00am	1:30pm	
<b>Monday</b>	Spanish	English	Spanish	English	
<b>Tuesday</b>	Spanish	English	Spanish	English	
<b>Wednesday</b>	Spanish	English	Spanish	English	
<b>Thursday</b>	Spanish	English	Spanish	English	
<b>Friday</b>	Spanish	English	Spanish	English	

**\*Note: that Orientation Schedule has changed effective March 1, 2013.**